



B.Sc./6th Sem (H)/NUT/25(CBCS)

2025

6th Semester Examination

NUTRITION (Honours)

Paper : DSE 3-T

Full Marks : 40

Time : Two Hours

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers  
in their own words as far as practicable.*

(Geriatric Nutrition)

Group - A

Answer any *five* questions :  $2 \times 5 = 10$

1. What is aging? Write any one cause of aging.
2. Define gerontology.
3. What do you mean by REBT?
4. Classify old age population.
5. What is short and long forms of MNA tool?
6. Write the name of common respiratory disorders that occur in aging.
7. What is bibliotherapy?

P.T.O.

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8. Mention the name of any two common neurodegenerative disorders occur in aging.

**Group - B**

Answer any *four* questions :  $5 \times 4 = 20$

9. Discuss briefly about the any two theories of aging.
10. Why old age people have suppressed immunity?
11. Write down the major social challenges for elderly people.
12. Why family is important in geriatric services?
13. Discuss briefly about the ethical issues for the use of geriatric medicine.
14. What are the major gastrointestinal problems occur during aging?

**Group - C**

Answer any *one* question :  $10 \times 1 = 10$

15. Write the importance of music and art therapy in geriatric counselling. Write the role of an old age home for elderly people.  $6+4$
16. Write the nutritional modification needed for elderly people. What are the essential life sustaining measures necessary in elderly people?  $5+5$
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OR

**[Nutrition Communication for Health Promotion]**

**Group - A**

Answer any *five* questions :  $2 \times 5 = 10$

1. Define ethics.
2. Write the name of agencies involved in preparation of dietary guidelines.
3. What are the obligations of interpersonal communication over mass communication?
4. What do you mean by problem solving technique?
5. What is social marketing?
6. State two objectives of communication for behaviour change.
7. What is SBCC?
8. What is meant by 'Small group facilitation skill'?

**Group - B**

Answer any *four* questions :  $5 \times 4 = 20$

9. How do you develop communication strategies for vulnerable group?
10. What are the key aspects of critical appraisal in diet planning?

P.T.O.

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11. Write the national guidelines for nutrition promotion in community.
12. Discuss the significance of ethics in nutrition communication system.
13. Discuss about the key features for selecting communication channels for effective nutrition awareness communication.
14. Discuss the interrelationship between nutrition and behavior.

### Group - C

Answer any *one* question :  $10 \times 1 = 10$

15. Write about the tools and techniques used in nutrition advocacy planning. Discuss about the key aspects of capacity building for nutritional awareness.  $5+5$
16. Discuss about community based intervention and social change communication. What is meant by social ecological model? Define stakeholder and cultural sensitivity.  $4+3+3$

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OR

[Personal Management and  
Food Service Management]

**Group - A**

Answer any *five* questions :  $2 \times 5 = 10$

1. Write the importance of material management.
2. What is 'Organizational design'?
3. Define inventory control.
4. Write the importance of organization.
5. Write down the functions of a budgeting system.
6. What is payment of gratuity act?
7. Compare the scientific and administrative management.
8. Mention the importance of HRM.

**Group - B**

Answer any *four* questions :  $5 \times 4 = 20$

9. Describe the role of food safety and sanitation in a food service unit.
10. Define purchasing? Discuss about the prerequisites prior to purchasing.
11. How do the storekeepers follow the quality control inside a food service unit?

P.T.O.

12. What is Menu? What is the importance of menu in food service unit? 1+4
13. What are labor policies? Write the principles of labor policies. 2+3
14. What is Scientific Management? Describe the FW Taylor principles of Scientific Management. 1+4

### Group - C

Answer any *one* question : 10×1=10

15. Discuss the role of successful leadership on Human Resource Management and Performance Improvement. Write down the factors influences the selection and purchase of food in a food service unit. 6+4
  16. What do you mean by Apprentices Acts 1961? Briefly describe about payment act for Apprentices. Discuss the criteria of recruitment, selection and training of personalities. 2+3+5
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