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B.Sc/6th Sem (H)/NUTR/23(CBCS)

2023

6th Semester Examination

NUTRITION (Honours)

Paper : DSE 3-T

[CBCS]

Full Marks : 40

Time : Two Hours

The figures in the margin indicate full marks.

*Candidates are required to give their answers
in their own words as far as practicable.*

(Geriatric Nutrition)

Group - A

Answer any **five** questions from the following :

2×5=10

1. Differentiate geriatrics and gerontology.
2. Write any two causes of Alzheimer's disease.
3. What is free radical theory of aging ?
4. Classify oldage population according to WHO.
5. Write the name of common neuro degenerative disorders occurs during aging.

P.T.O.

(2)

6. What is the objective of horticultural therapy ?
7. What do you mean by geriatric rehabilitation ?
8. Write the name of NGO's involved in geriatric services.

Group - B

Answer any **four** questions from the following :

5×4=20

9. Discuss about the gastrointestinal disorders during aging.
10. Discuss briefly any two challenges of mental health in aged population of India.
11. What is an ethical dilemma in geriatric of nursing ?
12. Why anemia is common with aging ?
13. How does family play an important role for maintaining good health condition of old age people ?
14. Why are aged people more prone to osteoporosis ?

Group - C

Answer any **one** question from the following :

10×1=10

15. Why different types of crime occurred with elderly people ? Write the three (3) main beliefs of REBT. Write the need of importance of geriatric counselling. 3+3+4

16. Write about the ethical issues related to geriatric care.
What are the common life sustaining measures essential
for geriatric care ? Why nutrient absorption reduces with
aging ?

3+5+2

P.T.O.

(4)

OR

(Nutrition Communication for Health Promotion)

Group - A

Answer any **five** questions from the following :

2×5=10

1. What do you mean by non-verbal communication skill ?
2
2. Define IEC. 2
3. Mention one advantage of 'Individual Health' education.
2
4. What is meant by training and capacity building of health workers ? 2
5. What are the factors influencing the amounts and types of food consumed by the population ? 2
6. What are the steps to be adopted for nutrition advocacy process ? 2
7. Write down the role of audio-visual aids in health promotion. 2
8. What do you mean by pre-test counselling ? 2

Group - B

Answer any **four** questions from the following :

5×4=20

9. What are the key elements of communication in health promotion ? 5

(5)

10. Describe the different models / theories of health behaviour. 5
11. State the importance of nutrition advocacy in nutrition policy formation. 5
12. Why are ethics important for health communication ? 5
13. Write down the conceptual framework for health promotion model. 5
14. State the role of GATHER technique for counselling. 5

Group - C

Answer any **one** question from following :

10×1=10

15. What are the important international dietary guidelines of nutrition promotion ? Describe the stages of behaviour change in health communication. 4+6
16. (a) Explain the three main levels at which health education is carried out by an individual.
(b) What are the critical steps of creating effective training programmes.
(c) Mention the different types of effective communication required in health and social care.

4+3+3

P.T.O.

(4)

OR

(Nutrition Communication for Health Promotion)

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P.T.O.

(6)

OR

**(Personnel Management and
Food Service Management)**

Group - A

Answer any *five* questions from the following :

2×5=10

1. Define food service management. 2
2. Briefly write about the two types of food service organizations. 2
3. "Management is a scientific process" — Justify the statement. 2
4. What do you mean by material management ? 2
5. Write about the objectives of effective food service management. 2
6. Compare scientific and administrative management. 2
7. What is Fayol's principles of administrative management. 2
8. Write briefly the function of management. 2

Group - B

Answer any *four* questions from the following :

5×4=20

9. Write about the need for specialized purchasing and storing. What do you mean by Apprentices Acts 1961 ?

3+2

(7)

10. Write the types of inventory control. Write its importance.
3+2
11. What is purchasing ? Briefly write about the principle of purchasing.
2+3
12. What do you mean by store room management ? Write the duties and responsibilities of purchase manager.
2+3
13. Define the material management. Write the importance of material management.
2+3
14. State briefly Taylor's theory scientific management. 5

Group - C

Answer any *one* question from the following :

10×1=10

15. What is labour policy in India ? Write the important acts of Indian labour laws. Justify the importance of Banqueting towards food service organization for a hotel.
2+4+4
 16. Draw an organizational design for a food service management for a hospital kitchen. How does an entrepreneur lead that organization ?
5+5
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