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B.Sc/6th Sem (H)/NUTR/23(CBCS)

2023

6th Semester Examination

NUTRITION (Honours)

Paper : C 13-T

(Dietetics and Counselling)

[CBCS]

Full Marks : 40

Time : Two Hours

The figures in the margin indicate full marks.

Candidates are required to give their answers

in their own words as far as practicable.

Group - A

Answer any *five* questions from the following :

2×5=10

1. What do you mean by Naturopathy ?
2. What are the differences between 'Illusions and Hallucinations'?
3. What do you mean by execution of software packages ?
4. 'Psychology is science' — Justify.
5. Write any two features in favour of diet counsellor as a part of medical team.

P.T.O.

(2)

6. Write down the significance of Diet 'Counselling'.
7. Write any two specific goals of 'Medical Nutrition Therapy (MNT)'.
8. What do mean by the term 'Empathy' ?

Group - B

Answer any **four** questions from the following :

5×4=20

9. Write short note on stage-1 counselling skill-genuineness and concreteness. 5
10. What is 'Attention' ? Describe the various factors affecting attention. 1+4
11. Mention the basic sequence in counselling. What are the characteristics of a good counsellor ? 2+3
12. What is the role of yoga in disease management ? 5
13. Explain the term 'Teaching aids'. Discuss about the different teaching aids those are used by dietitians. 1+4
14. Define the term nutrition counsellor. What are the responsibilities performed by nutrition counsellor ? 1+4

Group - C

Answer any **one** question from the following :

10×1=10

15. What are the causes of 'Forgetting' ? What are the types of emotions ? Explain the Psycho analytic theory of personality. 3+3+4

16. What are the main purposes for using of computers by dietitian ? What would be the appropriate diet counselling plans for renal diseases ? What are the factors affecting food choice of an individual ?

3+4+3
