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B.Sc./4th Sem (H)/NUTR/23(CBCS)

2023

4th Semester Examination

NUTRITION (Honours)

Paper : GE - 4T

[CBCS]

Full Marks : 40

Time : Two Hours

*The figures in the margin indicate full marks.
Candidates are required to give their answers
in their own words as far as practicable.*

[Family Meal Management]

Group - A

Answer any *five* questions : $2 \times 5 = 10$

1. What are the effects of zinc and iodine deficiency during pregnancy?
2. Why calorie requirement is increased in pregnancy?
3. What do you mean by BSA?
4. Write the full forms of FTT and GOR.
5. What is lacto-Ovo vegetarian?
6. Define food faddism.

P.T.O.

(2)

7. What is supplementary food?
8. What is PIH?

Group - B

Answer any *four* questions.

5×4=20

9. Write the complication of pregnancy in brief.
10. Describe the nutritional requirements of lactation.
11. Write the factors effecting food intake of a geriatric person.
12. Write the principles of formulating balanced diet.
13. What are the importance of meal planning? How faulty food habits effects nutritional status?
14. Write about the nutritional requirements of school going children. What is the importance of school snacks?

Group - C

Answer any *one* question.

10×1=10

15. What is diet? Write the classification of diet according to consistency. 3+7
16. What is balance diet? Write the importance of food groups for formulating of diet. Are diet and stress are interrelated? — explain. 2+3+5

(5)

OR

[Dietetics and Counseling]

Group - A

Answer any **five** questions of the following : $2 \times 5 = 10$

1. What do you mean by diet counselling?
2. What are leaflets?
3. What is mean?
4. Write the name of any two software package that can be used for dietary computations.
5. What do you mean by 'motivation'?
6. What is a frequency table?
7. Define regression.
8. What do you mean by entrepreneur skills?

Group - B

Answer any **four** questions of the following. $5 \times 4 = 20$

9. Discuss about the factors affecting individual food choices.
10. State briefly about the importance of motivation for dietary counselling.
11. Write the application of computer in education and research.

P.T.O.

12. Write short note about bar diagram and pie chart.

$2\frac{1}{2}+2\frac{1}{2}$

13. What are the challenges of dieticians for patient counselling?

14. Explain the median and standard deviation with an example.

Group - C

Answer any **one** question of the following. $10 \times 1 = 10$

15. Prepare a poster for Diabetes patients from the view point of a dietician.

16. Write the application of the software in the field of nutrition and dietetics. Discuss about the communication and negotiation skill in dietary counselling. $4+(3+3)$

বঙ্গানুবাদ

বিভাগ - ক

যে কোন পাঁচটি প্রশ্নের উত্তর দাও : $2 \times 5 = 10$

১। ডায়েট কাউন্সেলিং বলতে কী বোঝায়?

২। প্রচারপত্র কাকে বলে?

৩। গড় কাকে বলে?

৪। খাদ্য পরিসংখ্যানের জন্য ব্যবহার করা যেতে পারে এমন দুটি সফটওয়্যার প্যাকেজের নাম লেখ।